



Vision Benefits Summary

Tidelands Health

Underwritten by VSP and administered by CEC Community Eye Care.



Tailored for your vision. Suited for your style.

Vision care is essential, and CEC is dedicated to providing you with the benefits you need to keep your vision crystal-clear. All members enrolled in the CEC vision plan can take advantage of our simple and flexible benefits, where you'll receive an eye exam, a flexible eyewear allowance, and a contact lens fitting each plan year.



Flexible Eyewear Allowance

You can purchase exactly what you want—frames, lenses, contact lenses, sunglasses, special lens options, and any combination of these items. Whether you choose to shop in-network or out-of-network, if the eyewear you want is sold in an optical shop, it's covered!



Don't Need Prescription Eyewear?

Your CEC vision plan covers non-prescription eyewear, including sunglasses, safety glasses, blue-light-blocking glasses, and readers. If you don't need prescription lenses, this is a great way to use your annual eyewear allowance!



Member Portal

Our Member Portal gives you 24/7 access to find a provider, view your benefit information, check your current eligibility, print a temporary ID card, and more! Log in at cecvision.com/members/login.



Member Exclusive Offers

Members have access to a variety of special offers for additional savings on eyewear, contact lenses, LASIK, hearing aids, and more. To view all offers, visit cecvision.com/members/special-offers.



Vision Care is Important

Even with perfect vision, your annual eye exam is critical to your overall health and wellness. Signs of diseases, including glaucoma, diabetes, cardiovascular disease, and cancer, can be detected during an eye exam.*

*Source: American Academy of Ophthalmology (<https://www.aao.org>)



Expansive Provider Network

CEC's network includes optometrists, ophthalmologists, and national retail optical chains, ensuring you can easily find a provider that meets your needs. Visit cecvision.com/search to find an in-network provider near you.

WARBY PARKER

*Everything You Need for
Happier Eyes*

From glasses to contacts to eye exams, Warby Parker is here for your everyday vision care. Whether you shop online or in stores, there's a range of ways you can treat your eyes and use your CEC vision benefits. Get started at warbyparker.com/insurance.

Your CEC Vision Benefits Summary

Group Name: **Tidelands Health**

Frequency: **All benefits renew every 12 months**



175 PLAN			
BENEFIT	COVERAGE WITH A CEC NETWORK PROVIDER	COPAY	OUT-OF-NETWORK REIMBURSEMENT
Eye Exam	A comprehensive routine eye exam.	\$15	Up to \$50 minus the copay
Retinal Screening	An enhancement to the eye exam where high-resolution images are taken of the inside of the eye to detect and monitor conditions like diabetes.	\$39	n/a
Eyewear	An annual \$175 flexible allowance for prescription and non-prescription eyewear. 20% discount on glasses/10% discount on contacts for any overages.	\$15	Up to 85% minus the copay
Contact Lens Fitting	A contact lens evaluation and fitting.	\$15	Up to \$48 minus the copay

ADDITIONAL SAVINGS

Additional Pairs of Glasses

Members receive a 20% savings on additional pairs of prescription and non-prescription glasses from most CEC in-network providers within 12 months of their last eye exam.

LASIK Discounts

Enjoy discounts up to 35% with participating providers, including QualSight LASIK, TLC Laser Eye Center, LasikPlus, and the LASIK Vision Institute.

Special Offers

A variety of special offers are available to CEC members, including savings on health, wellness, travel, entertainment, hearing aids with TruHearing®, and more. To view all offers, visit cecvision.com/members/special-offers.

MONTHLY RATES		
Employee Only \$8.90	Employee + One \$13.30	Employee + Family \$23.80



Experience Peace of Mind with Our 20/20 Member Guarantee- The CEC 20/20 Member Guarantee ensures your complete satisfaction with services received from a CEC network provider. If you aren't happy with the services or products received when using your benefit, contact our Customer Service Department for assistance.

Benefits may vary by location.
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Classification: Restricted

Questions about your benefits?
Visit us online at cecvision.com or call 888-254-4290.