

Your 2025-2026 Costs

Below is an overview of your benefit coverage costs.

Medical

Team member bi-weekly pre-tax premiums

MEDICAL	
Coverage Tier	Premium
Employee Only	\$94.37
Employee + Spouse	\$218.17
Employee + Child(ren)	\$196.66
Employee + Family	\$263.02

Medical Plan Surcharges:

- **Tobacco Surcharge—\$100 per month (\$46.16 per pay period)** tobacco surcharge (applies to team members who use tobacco products)
- **Spousal Surcharge—\$150 per month (\$69.23 per pay period)** spousal surcharge (applies to team members whose spouse has access to health insurance with his/her partner, but you choose to enroll spouse in Tideland's Health medical plan)

Dental

Team member bi-weekly pre-tax premiums

DENTAL		
Coverage Tier	Core Premium	Buy-Up Premium
Employee Only	\$12.07	\$16.58
Employee + Spouse	\$16.57	\$26.56
Employee + Child(ren)	\$18.53	\$28.17
Employee + Family	\$20.25	\$31.95

Vision

Team member bi-weekly pre-tax premiums

VISION	
Coverage Tier	Premium
Employee Only	\$4.11
Employee + One	\$6.14
Employee + Family	\$10.98

Voluntary Life Insurance Premiums

Premiums are calculated as you enroll in Workday

Identity Protection

Team member bi-weekly premiums

Identity Theft Protection	
Team Member Only	Paid by Tideland's Health
To Cover Dependent(s)	\$3.23